

## Step 4: Maintain Your Plan

Make sure to practice your plan often and update the plan as needed. Restock supplies that have expired or are no longer usable.

## Step 5: Get Informed

During a disaster, remember to get your information from:

- WHBL 1330 AM
- The Sheboygan Press
- TV Channel 8 (Sheboygan) or Channel 14 (Plymouth)
- WHBZ 106.5 FM
- WJUB 1420 AM
- The Plymouth Review
- WLKN 98.1 FM
- WBFM 93.7 FM
- WXER 104.5 FM

## Emergency Preparedness Resources

**Wisconsin Department of Health Services**  
[www.dhs.wisconsin.gov/preparedness](http://www.dhs.wisconsin.gov/preparedness)  
<http://pandemic.wisconsin.gov>

**Center for Disease Control & Prevention**  
<http://emergency.cdc.gov>  
[www.facebook.com/cdcemergency](http://www.facebook.com/cdcemergency)  
(888) 246-2675

**Wisconsin Emergency Management**  
<http://ready.wi.gov>  
[www.facebook.com/ReadyWisconsin](http://www.facebook.com/ReadyWisconsin)  
(608) 242-3232

**United Way 2-1-1**  
[www.unitedwayfoxcities.org/unitedway/2-1-1](http://www.unitedwayfoxcities.org/unitedway/2-1-1)  
[www.facebook.com/211UnitedWayFoxCities](http://www.facebook.com/211UnitedWayFoxCities)  
211 or (800) 924-5514

**Federal Emergency Management Agency**  
[www.ready.gov](http://www.ready.gov)  
[www.fema.gov](http://www.fema.gov)  
[www.facebook.com/FEMA](http://www.facebook.com/FEMA)  
1-800-BE-READY

**American Red Cross**  
[www.redcross.org](http://www.redcross.org)  
[www.facebook.com/redcross](http://www.facebook.com/redcross)  
Scenic Shores Chapter - Sheboygan  
457-7739

For more information:  
Sheboygan County Division of Public Health  
1011 North 8th Street  
Sheboygan, WI 53081  
(920) 459-4382  
<http://www.sheboygancounty.com>

## Sheboygan County Division of Public Health



**Public Health**  
Prevent. Promote. Protect.

## Preparing for Disaster



For more information call:  
(920) 459-4382

<http://www.sheboygancounty.com>

## Step 1: Make a Plan

**Meet with Your Family Members:**  
Review information on preparedness.

**Choose an “Out of Town” Contact:**  
Ask an out-of-town friend or relative to be your contact. Following a disaster, family members should call this person and tell them where they are.

**Decide Where to Meet:** You may become separated. Choose a place to meet.

**Complete a Family Communication Plan:** Your plan should include contact information for family members. Program contacts into cell phones.

**Escape Routes and Safe Places:**  
You may need to evacuate on a moment’s notice. Be sure everyone knows the best escape routes.

**Plan for those with Disabilities and Other Special Needs:** Label equipment such as wheelchairs, etc.

**Plan for your Pets.**

## Step 2: Assemble a Disaster Supplies Kit

A disaster supplies kit is a collection of basic items. Your kit items should be stored in a portable container(s) as close as possible to the exit door. Items should include, but are not limited to:

- Cash & credit cards
- Whistle, flashlight, batteries, battery-powered radio
- Prescription medication, eye glasses, hearing aid batteries
- 3 day supply of nonperishable food and manual can opener. Include formula for infants.
- 3 day supply of water (1 gallon of water per person, per day)
- Personal identification
- Specialized medical supplies and equipment
- First aid kit
- Blankets or sleeping bags
- A change of clothes/sturdy shoes

## Step 3: Action Checklist

**The following are items to be completed before a disaster:**

**Utilities:** Know how and when to turn off water, gas and electricity at the main switches or valves.

**Fire Extinguisher:** Be sure everyone knows how to use your fire extinguishers and where they are kept.

**Smoke Alarms and Carbon Monoxide Detectors:** Install on each level of your home, and check/replace batteries twice yearly.

**Insurance Coverage:** Check if you have adequate insurance coverage.

**Inventory Possessions:** Make a record of your possessions to help you claim reimbursement.

**Vital Records and Documents:** Vital family records/important documents should be kept in a safe location.