

Helping Employers to provide Family Caregiver Support in the Workplace



The **Family CAREGIVER Supportive Workplace Partnership** is an innovative, pro-active collaboration between any employer in Sheboygan County working to provide support to caregivers in the workplace, and the

- **Aging & Disability Resource Center of Sheboygan County**
- **UW-Extension Sheboygan County/Family Living**



Together we can provide support for family caregivers where they are: at work!

An estimated one in three working adults has caregiving responsibilities for parents, in-laws, grandparents, a spouse, other relatives or friends. The effects of caregiving may be dramatic to both the employer and the employee. It may result in reduced productivity, loss of work time, additional supervision costs and even replacement costs to the employer for employees who quit due to caregiving responsibilities. For the family caregiver, it can negatively impact physical and emotional health.



Are these employees caring for a parent, spouse or other relative?

One in three working adults is an employed family caregiver.

The Family CAREGIVER Supportive Workplace Partnership works with **employers** to provide a caring, supportive workplace for employees who are family caregivers.

Supervisor Training: Coordinate training with your company employee assistance program to prepare supervisory staff to:

- recognize possible signs of caregiver stress
- clarify the supervisor role in assisting caregivers
- gain practical ideas of how and when to approach employees about issues related to family caregiving.
- increase awareness of supports and resources available to caregivers.

Consultation: Meet with Human Resource staff to share information on universal supportive company policies, website resources, and planning for a system that sustains support.

The Family CAREGIVER Supportive Workplace Partnership works with **employees** so that they can remain productive as well as empowered family caregivers.

Employed Family Caregiver Survey: UW Extension Sheboygan County/Family Living will facilitate a survey of employees to determine caregiving needs.

On-site Learning Opportunities: 20-50 minute on-site Learning opportunities on a variety of topics related to caregiving provide information to employees and their families during a lunch hour, before or after work.

Options Counseling: Individual counseling regarding community resources, long term care funding and referrals for services by appointment during a lunch hour, before or after work.

Information and Assistance helpline: Referral to the Aging & Disability Resource Center for phone consultations, home visits, office visits, family meetings to provide assistance or referral to other community resources.

Caregiver Workshops: Referral for six week evidenced based workshops demonstrated to reduce stress and anxiety for caregivers who are feeling overwhelmed.

Support Groups: Referral to caregiver groups that meet monthly to provide on-going support and assistance to caregivers.

Educational Materials: Customized newsletter articles and/or payroll inserts, posters, and information library.

Family Caregivers Coalition in Sheboygan County: Referral to the Family Caregivers Coalition in Sheboygan County for on-going support and a wide variety of programs.

“I just wanted to say that I think this is a GREAT service you’re providing the employees.....to prepare them for this important part of life.”

(10/22/2010 Sheboygan *County Employee*)

For more information regarding the
**Family CAREGIVER
Supportive Workplace Partnership
in Sheboygan County**

Phone Numbers:

Aging & Disability Resource Center Sheboygan County
1-920-467-4100 or 1-800-596-1919

UW-Extension Sheboygan County/Family Living
920-459-5900

Website:

www.sheboygancounty.com

<http://sheboygan.uwex.edu/>

The Family CAREGIVER Supportive Workplace Partnership assistance does not require additional financial support except for staff time and supplies. Participation may be restricted to a limited number of companies per year.