Step 4: Maintain Your Plan

Make sure to practice your plan often and update the plan as needed. Restock supplies that have expired or are no longer usable.

Step 5: Get Informed

During a disaster, remember to get your information from:

- WHBL 1330 AM
- The Sheboygan Press
- TV Channel 8 (Sheboygan) or Channel 14 (Plymouth)
- WHBZ 106.5 FM
- WJUB 1420 AM
- The Plymouth Review
- WLKN 98.1 FM
- WBFM 93.7 FM
- WXER 104.5 FM
- Official government social media accounts

Emergency Preparedness Resources

Wisconsin Department of Health Services

www.dhs.wisconsin.gov/preparedness http://pandemic.wisconsin.gov

Centers for Disease Control & Prevention

http://emergency.cdc.gov www.facebook.com/cdc (888) 246-2675

Wisconsin Emergency Management

http://readywisconsin.wi.gov www.facebook.com/ReadyWisconsin (608) 242-3232

United Way 2-1-1

www.unitedwayfoxcities.org/2-1-1 211 or (800) 924-5514

Federal Emergency Management Agency

www.ready.gov www.fema.gov www.facebook.com/FEMA 1-800-BE-READY

American Red Cross

www.redcross.org www.facebook.com/redcross Northeast Chapter - Oshkosh (920) 231-3590

For more information:
Sheboygan County Division of Public Health
1011 North 8th Street
Sheboygan, WI 53081
(920) 459-3207
http://www.sheboygancounty.com
www.facebook.com/SheboyganPublicHealth

www.twitter.com/SheboyganDPH

Sheboygan County Division of Public Health





Preparing for Disaster



For more information, contact us at 920-459-3207 public.health@sheboygancounty.com www.sheboygancounty.com

Step 1: Make a Plan

Meet with Your Family Members:

Review information on preparedness.

Choose an "Out of Town" Contact: Ask an out-of-town friend or relative to be your contact. Following a disaster, family members should call this person and tell them where they are.

Decide Where to Meet: You may become separated. Choose a place to meet.

Complete a Family Communication

Plan: Your plan should include contact information for family members. Program contacts into cell phones.

Escape Routes and Safe Places: You may need to evacuate on a moment's notice. Be sure everyone knows the best escape routes.

Plan for those with Disabilities and Other Special Needs: Label equipment such as wheelchairs, etc.

Plan for your Pets.

Step 2: Assemble a Disaster Supplies Kit

A disaster supplies kit is a collection of basic items. Your kit items should be stored in a portable container(s) as close as possible to the exit door. Items should include, but are not limited to:

- Cash & credit cards
- Whistle, flashlight, batteries, battery-powered radio
- Prescription medication, eye glasses, hearing aid batteries
- 3 day supply of nonperishable food and manual can opener. Include formula for infants.
- 3 day supply of water (1 gallon of water per person, per day)
- Personal identification
- Specialized medical supplies and equipment
- First aid kit
- Blankets or sleeping bags
- A change of clothes/sturdy shoes

Step 3: Action Checklist

The following are items to be completed before a disaster:

Utilities: Know how and when to turn off water, gas and electricity at the main switches or valves.

Fire Extinguisher: Be sure everyone knows how to use your fire extinguishers and where they are kept.

Smoke Alarms and Carbon Monoxide Detectors: Install on each level of your home, and check/replace batteries twice yearly.

Insurance Coverage: Check if you have adequate insurance coverage.

Inventory Possessions: Make a record of your possessions to help you claim reimbursement.

Vital Records and Documents: Vital family records/important documents should be kept in a safe location