

# Join Us

## Dementia Caregiver Support Group



***Build a support system with people who understand.***

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for family caregivers to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.



*Offered in partnership with:*



**Third Monday monthly  
3:00-4:00 PM**

**Aging & Disability Resource Center  
Room 105  
650 Forest Avenue  
Sheboygan Falls**

**Register by contacting Lisa Hurley:  
920.467.4079**

[www.alz.org/wi](http://www.alz.org/wi)  
24/7 Helpline 800.272.3900  
Hablamos Español 414.431.8811

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Wisconsin Chapter