

## RECURSOS PARA MUJERES EMBARAZADAS Y FAMILIAS DEL CONDADO DE SHEBOYGAN

<b>Servicios sobre Adopción</b>	Adoption Choices Inc.	414.276.3262	Adoption Services Inc.	414.332.1800 or 920.735.6750
	Bethany Christian Services	262.547.6557	Catholic Charities	920.458.5726
	Evangelical Child & Family Agency	262.789.1881	Lutheran Social Services	800.291.4513
<b>Educación/Apoyo para Amamantar</b>	Aurora OB	920.828.2400	St. Nicholas Hospital Breastfeeding Helpline	920.497.3737
	Aurora Lactation Counselor	920.802.1701	WIC Breastfeeding Support	920.459.3417
	La Leche League		Sara 920.627.7092 or Lynn 920.627.5565	
<b>Cuidado de Niños/ Guarderías</b>	Capital Consortium	888.794.5556	Family Connections	920.457.1999
	Child Care Finder	<a href="https://childcarefinder.wisconsin.gov">https://childcarefinder.wisconsin.gov</a>	Youngstar	414.716.5247
<b>Educación sobre Nacimiento de Bebé</b>	Anchor of Hope		920.452.4673 or <a href="https://anchorofhopewi.org">https://anchorofhopewi.org</a>	
	Aurora Medical Center		<a href="https://www.aurorahealthcare.org/classes-events">https://www.aurorahealthcare.org/classes-events</a>	
	St. Nicholas Hospital		<a href="https://www.hshs.org/StNicholas/Services/Womens-Health/having-a-baby">https://www.hshs.org/StNicholas/Services/Womens-Health/having-a-baby</a>	
<b>Preguntas sobre Desarrollo Infantil/Necesidades de Cuidado de Salud Especial</b>	Birth to 3	920.459.0368	Early Learning Center	920.459.4330
	Parent to Parent of Wisconsin	715.361.2934	Head Start/Early Head Start	920.458.1154
	Family Resource Center	920.892.6706	Sheboygan Co. HHS Child & Family	920.459.3207
	Children's Long-Term Support Waiver for Children with Disabilities		<a href="https://www.dhs.wisconsin.gov/cits">https://www.dhs.wisconsin.gov/cits</a>	
	Community Resources		<a href="https://dhs.wisconsin.gov/children/resources.htm">https://dhs.wisconsin.gov/children/resources.htm</a>	
	Wisconsin Families Ties Inc.			608.267.6888
	Northeast Regional Center for Children & Youth with Special Health Care Needs			877.568.5205
<b>Manutención Alimenticia/Paternidad</b>	Sheboygan County Child Support Agency			414.615.2591
<b>Ropa y Artículos para Bebé</b>	Neat Repeats Thrift Store	920.892.9100	Salvation Army	920.458.3723
	Goodwill	920.459.8600	Love Inc.	920.783.6701
	Mary's Room	920.208.8258	St. Vincent de Paul – Sheboygan	920.457.4844
	St John Closet de Ropa <b>Gratis</b> - 1248 Lincoln, Sheboygan Abierto de Lunes a Jueves de 10am a 12pm !Solo llege no necesita cita!			
	St. Vincent de Paul – Plymouth	920.892.4913		
<b>Consejería Familiar/Individual/ De Pareja</b>	Aurora Behavioral Health Center	920.457.4461	Prevea Behavioral Health Care	920.458.5557
	Suicide and Crisis Lifeline call 988	<b>988</b>	Reach Counseling Service 24-hr Crisis	920.722.8150
	Mental Health America	920.459.3151	Salvation Army Wellness Center	920.458.3723
	Sheboygan County Health & Human Services		920.459.3207 <b>OR</b> contact Jessica 920.459.0563	
<b>Servicios sobre Violencia Domestica/Albergue</b>	Labor of Love Counseling Center	920.226.9599	Loveisrespect.org	866.331.9474
	National Domestic Violence Hotline	800.799.7233	Safe Harbor of Sheboygan	920.452.7640
<b>Servicios de Emergencia/Crisis</b>	In an emergency call 911	<b>911</b>	National Suicide Prevention	<b>988</b>
	Crisis Center Sheboygan	920.459.3151	Runaway and Youth Services (RAYS)	920.458.7100
	COPE Hotline	262.377.2673	Safe Harbor of Sheboygan	920.452.7640
	HOPELINE	<a href="https://www.thehopeline.com">https://www.thehopeline.com</a>	FindHelp Resources	<a href="https://twloha.findhelp.com">https://twloha.findhelp.com</a>
	LGBTQ Hotline	866.488.7386	Wisconsin Poison Center	800.222.1222
<b>Empleo</b>	Wisconsin Works (W-2), FSET	888.794.5556	Partners for Community Development	800.584.8172
	Sheboygan County Job Center		<a href="https://jobcenterofwisconsin.com">https://jobcenterofwisconsin.com</a> or call 920.208.5856	
<b>Asistencia de Energia (Luz/Gas)</b>	Energy Assistance Application	920.208.5946	Partners for Community Development	800.548.8172
	Energy Services for Sheboygan County	920.287.7800 or online at <a href="https://energybenefit.wi.gov/OnlineApps/OnlineApp">https://energybenefit.wi.gov/OnlineApps/OnlineApp</a>		
<b>Servicios Financieros</b>	Advocacy Program	920.458.8840	Consumer Credit Counseling	920.458.3784
	<b>BadgerCare</b> , FoodShare, W-2	888.794.5556	Salvation Army	920.458.3723
	Simplify INC.	920.234.8686	St. Vincent de Paul – Sheboygan	920.457.4844
	St. Vincent de Paul – Plymouth	920.892.4913		
<b>Nutrición/Alimentos</b>	FoodShare	888.794.5556	Salvation Army	920.458.3723
	WIC Program	920.459.3417		
	Información actualizada de las despensas de comida locales		<a href="https://sheboygancountyfoodbank.com/find-help">https://sheboygancountyfoodbank.com/find-help</a>	
<b>De Seguro médico</b>	BadgerCare/Medicaid	888.794.5556	Health Insurance Marketplace	<a href="https://www.healthcare.gov">https://www.healthcare.gov</a>
	Lakeshore Community Health Center	920.783.6633		
<b>Vivienda/Renta</b>	Habitat for Humanity Lakeside	920.452.4175	Salvation Army	920.458.3723
	Lakeshore CAP	920.803.6991	Sheboygan Housing Authority	920.459.3466
	Rural Housing INC.	608.238.3448	Tenant Resource Center	608.257.0006
	St. Vincent de Paul – Plymouth	920.892.4913	St. Vincent de Paul – Sheboygan	920.457.4844

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<b>Servicios de Ayuda Legal</b>	Legal Action Wisconsin	855.947.2529	Online Legal Advice	<a href="https://wi.freelegalanswers.org">https://wi.freelegalanswers.org</a>
<b>Cuidado Médico/Clínicas y Prenatal</b>	In an emergency call 911	<b>911</b>	HSHS St. Nicholas Hospital	920.459.8300
	Anchor of Hope	920.452.4673	Lakeshore Community Health Center	920.783.6633
	Aurora Sheboygan Clinic	920.457.4461	Planned Parenthood	844.493.1052
	Aurora Sheboygan Medical Center	920.802.2100	Prevea Sheboygan Health Center	920.457.4858
<b>Educación y Apoyo para Padres</b>	Anchor of Hope	920.452.4673	Autism Society of the Lakeshore	920.558.4602
	Family Connections	920.457.1999	Head Start & Early Head Start	920.458.1154
	Family Resource Center	920.892.6706	Nett-Work Family Counseling	920.451.6908
	National Parent Helpline	855.427.2736	Parent to Parent of Wisconsin	715.361.2934
	Love Inc.	920.783.6701	Wisconsin Family Ties	608.267.6888
	RAYS (Runaway and Youth Services)	920.458.7100	Sheboygan MOPS/Teen MOPS	<a href="http://www.greenhouseprojectinc.com">www.greenhouseprojectinc.com</a>
<b>Consejería/Pruebas de Embarazo</b>	Aurora Sheboygan Clinic	920.457.4461	Planned Parenthood	844.493.1052
	Anchor of Hope	920.452.4673	St. Nicholas Hospital	920.459.8300
<b>Servicios sobre Abuso Sexual</b>	Aurora Sheboygan Clinic	920.457.4461	Aurora Sheboygan Medical Center	920.802.2100
	Freedom Cry	<a href="https://www.freedomcryinc.org">https://www.freedomcryinc.org</a>	Labor of Love Counseling Center	920.226.9599
	St. Nicholas Hospital	920.459.8300	Safe Harbor	920.452.7640
	Loveisrespect.org	Text "LOVE IS" to 22522		or call 866.331.9474
	Rape Abuse Incest National Network	Chat online at <a href="https://hotline.rainn.org/online">https://hotline.rainn.org/online</a>		or call 800.656.4673
<b>Programa de Educación/ Apoyo para Dejar de fumar/Dejar de tomar/ Dejar de consumir drogas</b>	<b>El consumo de sustancias durante el embarazo, al amamantar y al estar criando niños puede ser peligroso, con una variedad de efectos dañinos en ambos adultos y niños. Los efectos pueden ser a un término largo o corto y pueden ser físicos, mentales, sociales, emocionales y financieros. No estás solo, muchos saben como es eso y pueden ayudarte a parar, aconsejarte y a apoyarte durante el proceso.</b>			
	Alcoholics Anonymous	800.355.7318	American Lung Association of Wisconsin	800.586.4872
	Al-Anon and Alateen	888.425.2666	Aurora Sheboygan Clinic Behavioral Health	920.457.4461
	Aurora Sheboygan Medical Center	920.802.2100	Faces and Voices of Recovery	202-737-0690
	Families Anonymous	<a href="http://www.familiesanonymous.org">www.familiesanonymous.org</a>	Holistic Pain Mgmt & Wellness Center	920.287.1432
	Narcotic Anonymous	888.611.1813	Prevea Behavioral Health	920.458.5557
	Samaritan's Hand, Inc	920.254.6922	Sheboygan Comprehensive Treatment	920.547.3639
	Sheboygan Co. Health & Human Services	920.459.3207	Substance Abuse & Mental Health Treatment	920.459.3151
	Wisconsin QuitLine	Text "READY" to 34191		or call 800.784.8669

**Para más información comuníquese con Louise,  
La Especialista en Servicios de Información y Asistencia de Servicios Humanos y de Salud del  
Condado de Sheboygan al 920.459.0563  
Información general local llame al 211. Línea de crisis Lifeline y suicidio llame al 988 de cualquier lugar.**

**Developed By:** Sheboygan County WIC  
Health & Human Services Bldg.  
1011 North 8th Street  
Sheboygan, WI 53081

