



KEYNOTE SPEAKER

Types of Dementia and How They Are Diagnosed

Diane M. Mosnik, PhD
Licensed Clinical Neuropsychologist, Diane M Mosnik Ph.D., Inc.

For questions, please contact
Michelle LeMahieu
michelle.lemahieu@dementiainnovations.org
920.550.1143

Session A

10:50-11:50 AM

1 The Empowered Caregiver: Communicating Effectively

Learn how dementia affects communication and receive tips for communicating well with family, friends, and health care professionals.

Connie Thimmig
Education and Solutions
Consultant, Sharon S.
Richardson Community
Hospice, Community Educator
Alzheimer's Association

2 Navigating Dementia Care: Advocacy During and After Hospitalization

Gain practical advice and strategies for family members and caregivers on advocating their loved ones with dementia during hospitalization and throughout the transition back home.

Dr. Benazir Meera,
Geriatric Health Services
Research Lab,
Department of
Kinesiology, UW-Madison

3 Know Us Before You Need Us

An introduction to the Aging and Disability Resource Center of Sheboygan County (ADRC). Serving adults over the age of 60 and adults with disabilities and their caregivers/families.

Ursula Norwood, Information
and Assistance Specialist &
Lisa Hurley, Caregiver &
Dementia Care Specialist,
ADRC of Sheboygan County

4 Legal Issues for People with Alzheimer's

Attorney Wessels will give an overview of the legal documents that you should be getting in place, and an explanation of some of the key aspects of legal planning when a person has dementia.

Carol Wessels, Attorney at
Law, Fellow, National Academy
of Elder Law Attorneys,
Wessels & Liebau LLC

5 The Role of Therapy in Individuals Living with Dementia

Discussing the importance of Physical Therapy, Occupational Therapy and Speech Therapy throughout the stages of dementia.

Katy Nall, PT, DPT,
Community Care

6 Your Legacy Letters: The Celebration of Your Life!

A Legacy Letter is a way to share your beliefs, life's lessons, hopes for the future, love, and forgiveness. It just may be the most cherished and meaningful gift you can give your family.

Tracy Cinealis CSA, CHSP
Sharon S. Richardson
Community Hospice

Session B

12:30-1:30 PM

7 Understanding Lewy Body Dementia

Learn the diagnostic and behavioral features of Lewy Body dementia and how it differs from other dementia. We'll discuss causes and current pharmaceutical and non pharmaceutical treatments.

Diane Mosnik, PhD
Licensed Clinical
Neuropsychologist,
Diane M Mosnik Ph.D., Inc.

8 Dementia Crisis Care Task Force of Sheboygan County

Learn dementia basics, crisis prevention and response, and community collaboration related to dementia crises.

Michelle LeMahieu, Chuck
Butler & Lisa Hurley, Members
of the Dementia Crisis Care
Task Force

9 Mild Cognitive Impairment How is it Different from Alzheimer's?

This session will provide information to attendees on MCI, the importance of early diagnosis and treatment, tools to assist in developing a chronic disease management plan and how to connect individuals to resources and support so they can continue to live their best lives.

Jennifer McAlister, Outreach
& Partnerships Manager,
Wisconsin Alzheimer's
Disease Research Center,
UW-Madison

10 Advanced Care Planning

In this interactive session, learn about the importance of having conversations about your preferences for care, what to consider in selecting an agent, how to execute a valid POAHC, and when (and how) you should update your plan.

Nancy Leipzig
Program Director,
Community Care, Inc.

11 Skills of Caring

Hands-on training and information will be provided on activities of daily living including dressing, self-care, safe transfers, and medication management.

Sara Kregel OT, Owner, Senior
Helpers; & Elizabeth Wimmler,
PharmD, RPh, Glander
Prescriptions Plus

12 Don't Let the Singing Stop

Music helps us define those stages and plays a powerful role in memory-making. Through story and song, participants learn the power of music in all stages of our lives.

Mary Patricia Voell, Owner,
Legacies: Personal, Family &
Organizational Historians

Session C

1:50 -2:50 PM

13 The Empowered Caregiver: Responding to Dementia-Related Behaviors

Learn about common behavior changes and how they are a form of communication, discuss non-medical approaches to behavioral expressions, and help you recognize when additional help may be needed.

Connie Thimmig
Education and Solutions
Consultant, Sharon S.
Richardson Community
Hospice, Community Educator
Alzheimer's Association.

14 When Aging Parents Need Help: How to Start the Conversation of Care

We will examine the different signs of "need" and when the family caregiver should consider additional help to avoid burnout, and also basic techniques family members can use to initiate conversation about care with a loved one.

Dawn Thaves, CHSP
Sharon S. Richardson
Community Hospice

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Nancy Leipzig
Program Director,
Community Care, Inc.

17 Living with Parkinson's Disease

Barb's personal walk with Parkinson's Disease. Challenges, importance of support/support groups and truths to ponder on the journey.

Barb Skutka
Person Living with
Parkinson's Disease

18 Refill Your Cup: Practical Strategies for Sustainable Self-Care

This workshop aims to empower you with practical strategies and tools to cultivate sustainable self-care practices that nourish your physical, mental, and emotional well-being, critical for those that give so much to others.

Dr. John Reitz, Owner
Better Life Chiropractic
and Wellness

Conference Schedule

- 8:30 AM Registration & Exhibitors
- 9:15 AM Welcome in Theater
- 9:30 AM Keynote Speaker
- 10:30 AM Break & Exhibitors
- 10:50 AM **SESSION A**
- 11:50 AM **LUNCH BREAK**
- 12:30 PM **SESSION B**
- 1:30 PM Break & Exhibitors
- 1:50 PM **SESSION C**
- 2:50 PM Break & Exhibitors
- 3:00 PM Caregiver Celebration & Wrap-Up

Thank You!

to our major event sponsors:



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Milwaukee, WI 53214



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20 SHEBOYGAN COUNTY
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Thursday

Nov. 14, 2024



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For questions please contact:

Michelle LeMahieu

michelle.lemahieu@dementiainnovations.org
920.550.1143



Registration Form

REGISTRATION DEADLINE: **NOVEMBER 7, 2024**

name

address

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email

Please select one workshop per session.

10:50 AM

Session A

1 4

2 5

3 6

12:30 PM

Session B

7 10

8 11

9 12

1:50 PM

Session C

13 16

14 17

15 18

Conference Fees

\$8* Due by Thursday, Nov. 7

\$12* Late Registration

**Scan the QR Code
to Register**

Or Go to

tiny.cc/a6snyz



OR

Mail completed registration & check payable to:

Dementia Innovations

P.O. Box 54
Oostburg, WI 53070

***Lunch is included with registration!**