



Aging Gracefully...

“Take a STAND to Prevent FALLS”

Falls Prevention WEEK

September 21-25, 2015

Falls FACTS

Protect Yourself
& Loved Ones...

🍁 *One-third of Americans aged 65+ fall each year. Every 14 seconds, an older adult is treated in the emergency room for a fall.*

🍁 *Every 29 minutes, an older adult dies from a fall-related injury.*

🍁 *Sheboygan County has a high number of fall-related injuries ~ YOU can CHANGE this!*

FOR PLANNING PURPOSES:

If you plan to attend ANY of these programs Please RSVP to ADRC at 920-467-4100

🍁 **ALL PRE-Registrants will be eligible for DOOR PRIZES** 🍁

FREE Fall-Risk Screening at each Event

Monday, September 21, 2015 🍁 11:30 am–1:30 pm

Senior Activity Center of Sheboygan

428 Wisconsin Ave., Sheboygan

LUNCH AVAILABLE

Durable Medical Equipment (DME) Fair

Learn about the LATEST Equipment available
Adaptive Devices ~ Proper Usage & Safety Tips
DME Fair: Home Care Medical / HME Home Medical-Sheboygan
Aurora At Home / Glander Prescriptions Plus Pharmacy



Tuesday, September 22, 2015 🍁 1:00-3:00 pm

Aurora Sheboygan Memorial Medical Center

(Shoreline Conference Room)

2629 N 7th St, Sheboygan

SNACKS AVAILABLE

Physical Therapy Demonstration

Safe Falling & Injury Prevention



Wednesday, September 23, 2015 🍁 1:00-3:00 pm

Generations

1500 Douglas Dr., Plymouth

SNACKS AVAILABLE



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Friday, September 25, 2015 🍁 1:00-3:00 pm

St. Nicholas Hospital

(Christopher Room)

3100 Superior Ave., Sheboygan

SNACKS AVAILABLE



Reality of Falling ~ Know the Risks!

